



**JOIN THE FITNESS BUNKER AS WE SPONSOR NOTHING BUT NET!**

WHEN: SUNDAY JUNE 4TH 9AM-11AM

WHERE: THE FITNESS BUNKER, 9 W SUMMIT, LAKEWOOD

WHAT: 5K, OR 10K TAG TEAM (2 PERSON RELAY)

HOW: REGISTER ONLINE AT THE LINK BELOW

**NEED A PARTNER TO JOIN THE RELAY 10K!  
LOOK NO FURTHER, JOIN A BUNKER BUDDY!**

JUMP START YOUR SUMMER AND THE LAKEWOOD WELLNESS DAY, WITH  
SUPPORTING OTHERS!

OUR LOCAL SOUTHWESTERN SCHOOL, INTERACT ROTARY CLUB AND  
STRIDERS HAVE ORGANIZED THIS LIFE SAVING EVENT FOR CHARITY!

**TO JOIN THE CAUSE, THE FUN, THE RACE OR WALK  
REGISTER ONLINE AT:**

[http://runsingup.com/Race/NY/Lakewood/  
NothingButNet5K10KRelay](http://runsingup.com/Race/NY/Lakewood/NothingButNet5K10KRelay)

**NOTHING BUT NET**



**5K & 10K ReLay**